

Easy Enrichment for Shelter Dogs

Pupsicles

Supplies

1. Paper/plastic cups of varying sizes and/or ice cube trays
2. Meat broth or water
3. Food combination of your choice: dry food, treats, canned food, peanut butter, etc.



1. Add food mixture to cups and/or ice cube trays.

2. Pour broth or water into container—fill about 3/4 of the way.

3. Freeze overnight.

4. Remove pupsicles from cups. Paper cups can be torn. Let plastic cups sit out for a few minutes so pupsicles will easily slide out.

5. Distribute to dogs.

